



REPLY TO  
ATTENTION OF

**DEPARTMENT OF THE ARMY**  
UNITED STATES ARMY STUDENT DETACHMENT  
4<sup>th</sup> BATTALION, 10<sup>TH</sup> INFANTRY REGIMENT  
3330 MACGRUDER AVENUE  
FORT JACKSON, SC 29207

AZTJ-DBI-SD

01 May 2009

MEMORANDUM FOR SEE DISTRIBUTION

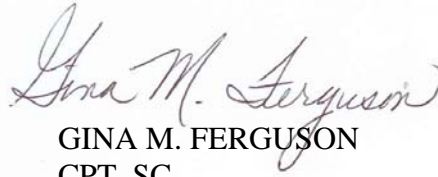
**SUBJECT: Policy Letter #21 – Post-Deployment Health Reassessment (PDHRA)**

1. In response to the Vice Chief of Staff's directive dated 18 June 2007, the USASD will require all assigned personnel to comply with the Post-Deployment Health Reassessment (PDHRA). This assessment tool was designed to identify physical and mental health concerns of Soldiers 90 to 180 days after redeployment and has therefore been integrated into the USASD Inprocessing packet.
2. Every Soldier that has redeployed from a combat zone is required to complete the PDHRA. While your geographic location is untraditional for the regular Army, the USASD will assist, regardless of location, in order to satisfy this urgent requirement.
3. PDHRA compliance is achieved by completing a two-part process. First, completion of the Battlemind II brief and DD 2900, both found on AKO. Second, a one-on-one interview must be conducted with a healthcare provider. If you are within 50 miles of a military treatment facility, you will coordinate with your healthcare provider or the designated PDHRA provider. If you are outside of 50 miles of a military treatment facility, you will contact the USASD PDHRA Representative, Mrs. Vivian Thomas at [vivie.thomas@conus.army.mil](mailto:vivie.thomas@conus.army.mil) or 803-751-4340, to coordinate a telephonic interview.
4. Once your one-on-one interview has been scheduled, you are required to inform the Mrs. Thomas. If you have additional questions or concerns about PDHRA compliance, she can be reached at 803-751-4340 or [vivie.thomas@conus.army.mil](mailto:vivie.thomas@conus.army.mil).
5. A detailed PDHRA Memorandum of Instruction and complete packet will be provided. Also, please remember that there are no negative consequences for seeking additional assistance or failing to answer specific PDHRA questions.
6. PDHRA compliance is a USASD inprocessing and outprocessing requirement therefore failing to comply will further delay finance and travel actions normally processed immediately upon your arrival.

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SUBJECT: **Policy Letter #21** – Post-Deployment Health Reassessment (PDHRA)

7. The point of contact for this memorandum is the undersigned at 803-751-5305.

A handwritten signature in dark ink, reading "Gina M. Ferguson". The signature is written in a cursive style with a large, stylized "G" and "F".

GINA M. FERGUSON  
CPT, SC  
Commanding